

ARF Incentives

Youth Incentives

Incentives are a great way to keep kids excited and motivated about engaging in physical activity. The ARF Movement will provide incentives free of charge to all participating groups however large or small. Incentives will be distributed to each coordinator after the return of the Parent/Youth Contracts. Enough incentives for 2 periods will be included in each mailing.

Whats included and how to distribute:

- Each participant who returns a Parent/Youth Contract will receive an ARF silicone wristband to kickoff the movement.
- Each participant who completes 5 of the 7 weeks per period will receive an ARF award ribbon.
- Each participant who completes all 4 periods will receive an ARF medal.
- Other incentives (hackysacks, ARF gliders, shoe tags, stickers, tattoos, etc...) are also included. The distribution of these incentives is left up to you. Several suggested ways to distribute:
 1. Give a prize to the outstanding participant of the day/week/month.
 2. Draw several names out of a hat each week for a prize.
 3. Biweekly or monthly drawings with more winners.
 4. Hold competitions to see who can get the most physical activity.
 5. Give all prizes out at the end of each 7 week period.

We suggest doing frequent prize giveaways to keep everyone motivated and wanting more.

School/organization incentives

We would like to award those schools/organizations and coordinators who are making a difference by promoting physical activity and the ARF Movement.

All participating schools/organizations will:

- receive a physical activity poster.
- be eligible for money, awards, and recognition for outstanding participation.
- be placed in a drawing for various prize packages for groups.

